

Second Congress of Physical Therapists of the Republic of Macedonia with international participation

„Keep moving, moving is life”

CONGRESS PROGRAM

FRIDAY, 16 SEPTEMBER 2016

12.00-14.00 Registration on participants

14.00-15.00 *Welcome cocktail*

15.00-16.00 Congress opening ceremony

Welcome speaks

Plenary lectures

Moderators: Dalibor Stojanovski, Snezhana Lazarevska, Zhikica Petreski

16.00-16.10 **Promotion of a book**

Snezhana Lazarevska Msc

BALNEOTHERAPY WITH HUMAN BIOCLIMATOLOGY

16.10-16.20 Beti Dejanova MD PhD

**OVERVIEW OF SCIENTIFIC FINDINGS FOR HYPERBARIC OXYGEN
THERAPY**

16.20-16.30 Lazo Noveski MD PhD, Mircevska B., Dzonov B., Ginovski V.

MANAGEMENT OF POSTBURNS SEQUELS

16.30-16.50 Adnan Ibrahimović Msc

**TRADITIONAL CHINESE MEDICINE – ACUPUNCTURE IN MODERN
PHYSIOTHERAPY**

16.50-17.00 Discussion

17.00-17.30 **Coffee break**

17.00-18.30 **Round table**

Moderators: Zhikica Petreski, Snezhana Lazarevska

**EDUCATION AND PROFESSIONAL DEVELOPMENT OF
PHYSIOTHERAPIST IN REPUBLIC OF MACEDONIA**

Invited lectures

Moderators: Toshe Krstev, Olgica Stojkovski, Arijan Selmani

17.30-17.40	Dejanov MD PhD PHYSIOTHERAPY IN END STAGE RENAL DISEASE PATIENTS
17.40-17.50	Arben Taravari MD PhD CURRENT THERAPEUTIC OPTIONS IN PARKINSON'S DISEASE ON THE LEVEL OF PHC
17.50-18.00	<u>Olgica Stojkovski BPT, Lazarevska H, Lazarevska S.</u> ROBOTICS IN PHYSIOTHERAPY
18.00-18.20	Mauro Mandagaran PhD OSTEOPATHY: HEAL WITH HANDS
18.20-18.30	Discussion
18.30-19.30	Workshop Adnan Ibrahimović Msc LUMBOISCHIALGIA AND DISC PROTRUSION ON INTERVERTEBRALIS SEGMENT L4-L5 THERAPEUTIC APPROACH IN PRINCIPLE TCM AND ACUPUNCTURE
20.00	Diner

SATURDAY, 17 SEPTEMBER 2016

Invited lecture and Workshop

Moderators: Blaze Arsov, Tamara Kosević, Nenad Dimitrievski

08.30-10.30	Kenzo Kase PhD KINESIOTAPING FROM SPORT TO MEDICINE
10.30-11.00	Coffee break

Neurological physiotherapy

Moderators: Olgica Dimitrov, Adnan Ibrahimović, Dimitar Andreev

11.00- 11.15	Lutfi Zylbeari MD PhD CARPAL TUNNEL SYNDROME IN UREMIC PATIENTS TREATED WITH REPEATED HAEMODIALYSIS
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11.15-11.30	Nevenka Velickova PhD FRIEDREICH'S ATAXIA
11.30-11.40	<u>Danche Vasileva PhD</u> , Lubenova D., Nikolovska L., Krstev T., Stratorska T. EFFECT OF KINESITHERAPY ON THE FUNCTIONALITY OF MOTOR RECOVERY IN PATIENTS WITH SUPRATENTORIAL UNILATERAL STROKE IN CHRONIC PERIOD
11.40-11.50	Borche Kukunoski PT Msc PHYSIOTHERAPY IN PATIENTS WITH CERVICAL ARTHROSIS
11.50-12.00	Lindita Vata Msc PHYSIOTHERAPY TREATMENT OF OBSTETRIC BRACHIAL PLEXUS PALSY ERB DUCHENNE BY AGE GROUP
12.00-12.10	Dalibor Stojanovski BPT APPLICATION OF MYOFASCIAL RELEASE TECHNIQUE IN PATIENTS WITH LUMBOISCHIALGIA
12.10-12.20	Arijan Selmani BPT, spec. NEUROREHABILITATION OF A PATIENT WITH LUMBAR RADICULOPATHY AND PERONEAL NERVE LESION
12.20-12.30	Discussion
12.30-13.00	Coffee break

Workshops - Commercial presentations

Moderators: Nikodin Veljanoski, Emilija Ilievska, Dragan Dimitrijević

13.00-14.00	Workshop Tamara Kosević BPT, spec. TREATMENT OF LYMPHOEDEMA IN ADVANCED CANCER AND TERMINAL ILL PATIENTS
13.00-13.10	Commercial presentation FITOFARM
13.10-13.20	Commercial presentation MEDICUS HELP
13.20-13.30	Commercial presentation KOZHELJ

13.30-14.00 **Workshop**
Adi Begović BPT
EXERCISES ON THE BALL – STABILITY – BALANCE – FUNCTIONALITY

14.00-15.00 **Lunch break**

Sports physiotherapy

Moderators: Ilija Hadzimojsov, Sladjana Ćosović, Bojan Canevski

15.00-15.20 Mirche Simeonov MD PhD
**TENNIS ELBOW TENDINOSIS- CONSERVATIVE AND OPERATIVE
MANAGEMENT
SPORTSMAN HERNIA**

15.20-15.30 Borislav Iliev MD, spec.orth., Spoa D., Poberaj B.
**SURGICAL TREATMENT OF RECURRENT (HABITUAL) DISTRESS
SHOULDER JOINT**

15.30-15.40 Aleksandar Sharkovski PT
REHABILITATION AFTER SHOULDER ARTHROPLASTY PERFORMED

15.40-15.50 Zoran Dimovski MD, spec.phys, Dimovska A.
**PREOPERATIVE REHABILITATION FOR ANTERIOR CRUCIATE
LIGAMENT INJURIES**

15.50-16.00 Dimitar Andreev PT Msc, Canevski B.
**POSTOPERATIVE REHABILITATION TREATMENT IN PATIENT WITH
LIGAMENT PLASTIC IN ANTERIOR CRUCIATE LIGAMENT**

16.00-16.20 Adnan Ibrahimović Msc
**OSTEOPATHY – SCIENCE – MEDICINE – PHILOSOPHY – IN MODERN
PHYSIOTHERAPY**

16.20-16.30 Discussions

16.30-17.00 **Coffee break**

Ortopedic- traumatology physiotherapy

Moderators: Danche Vasileva , Adi Begović, Zumrete Jakupi

17.00-17.10 Evelina Nikolova PhD, Petrova N., Tsvetkov A.
**INNOVATIVE PHYSIOTHERAPEUTIC METHODS AND KINESITHERAPY
FOR DISEASES OF THE LOCOMOTOR APPARATUS**

17.10-17.20	<u>Irina Popdimitrova-Mitrevska MD</u> , spec.phys, Petreska S., Stojkoski I., Gjuroska D. SHOCK WAVE TREATMENT THERAPY OF CALCIFIC SHOULDER TENDINITIS
17.20-17.30	<u>Klejda Tani PT Msc</u> , Kola I., Zallari K., Dedja F., Qalliaj E. PHYSIOTHERAPY EFFECTS ON GAIT SPEED IN PATIENTS WITH KNEE OSTEOARTHRITIS
17.30-17.40	<u>Ivo Ristovski PT Msc</u> , Ilieski V. EFFECTS OF KINESIOLOGY TAPING UTILIZATION ON IMPROVING HIP MOBILITY
17.40-17.50	Nikolovski D., <u>Dragan Dimitrijević BPT.</u> , Stević Z. THERMOGRAPHY MONITORING OF KINESIO- TAPING THERAPY, TREATING FRACTURES AND OPEN WOUNDS WITH KINESIOTAPING
17.50-18.00	Discussions
18.00-18.30	Coffee break
18.00-18.30	Poster presentations
18.30-19.30	Workshop Adnan Ibrahimović Msc PARIETAL OSTEOPATHY – MANUAL THERAPY AND CHIROPRACTIC Pathology and dysfunction on segment C1- C2, cervico-thoracic pass, spondylarthrosis on the cervical spine
18.30-19.00	Workshop ELMED
21.00	Formal dinner

SUNDAY, 18 SEPTEMBER 2016

Neurological physiotherapy

Moderators: Borche Kukunoski, Klejda Tani, Ivo Ristovski

09.00-09.10	<u>Toshe Krstev PhD</u> , Nikolovska L., Vasileva D., Stratorska T., Kolevska M. KINESITHERAPY IN FUNCTIONAL DISORDERS OF THE SACROILIAC JOINT
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09.10-09.20	Oliver Gramosli BPT, spec. FUNCTIONAL EVALUATION IN PATIENTS WITH MULTIPLE SCLEROSIS
09.20-09.30	Sladjana Ćosović BPT WHEN LIFE SHIVERS - TANGO DANCE AGAINST PARKINSON'S DISEASE
09.30-09.40	Nenad Dimitrievski BPT INVERSION- PREVENTIVE AND ALTERNATIV THERAPY
09.40-09.50	<u>Vlatko Ilievski BPT,spec.</u> , Parcanov D., Ristovski I. EARLY APPROACH TO POSTOPERATIVE REHABILITATION ON PATIENT WITH QUADRIPLÉGIA CAUSED BY CERVICAL SPINE FRACTURE
09.50-10.00	<u>Parcanov BPT, spec.</u> , Ilieski V. SECONDARY STAGE POSTOPERATIVE REHABILITATION IN A PATIENT WITH QUADRIPLÉGIA AFTER CERVICAL SPINE FRACTURE
10.00-10.20	<u>Mira Mitrović BPT</u> , Dimitrijević D., Vukanović K. MFR – MYOFASCIAL RELEASE
10.20-10.30	Discussion
10.30-11.00	Coffee Pause

Clinical physiotherapy

Moderators: Oliver Gramosli, Tamara Stratorska, Klaudio Mirdita

11.00-11.10	<u>Gordana Panova PhD</u> , Mancheva D. THE CHARACTERISTICS OF THE ROLE OF COMMUNICATION IN DAILY WORK OF CERTAIN GOUPS OF MEDICA PROFESSIONALS
11.10-11.20	<u>Zumrete Jakupi Msc</u> , Lazarevska S., Lazarevska H. MANAGEMENT OF THE IMPLEMENTATION OF E-HEALTH IN HEALTHCARE INSTITUTIONS OF THE REPUBLIC OF MACEDONIA
11.20-11.30	<u>Olgica Dimitrov BPT</u> , Arsov B., Anđuševa T., Klinčeva M., Mitrev Ž. FUNCTIONAL MAGNETIC STIMULATION (FMS) VERSUS ELECTROMUSCULAR STIMULATION (EMS) IN CARDIOVASCULAR PATIENTS WITH A NEURO-MUSCULAR WEAKNESS DEVELOPED IN THE ICU
11.30-11.40	Arijan Selmani BPT, spec. EFFECTS OF AUTOGENIC DRAINAGE ON PULMONARY FUNCTION IN PATIENT WITH CYSTIC FIBROSIS

11.40-11.50	Klaudio Mirdita BPT SELOS – A REVOLUTIONARY MANUAL MYOFASCIAL THERAPY
11.50-12.00	Commercial presentation SLAVEJ
12.00-12.10	Commercial presentation NATUSANA
12.10-12.20	Commercial presentation
12.20-12.30	Discussion
12.30-13.30	Workshop Mira Mitrović BPT, Dragan Dimitrijevic BPT SHIATSU
12.30-13.30	Workshop Mauro Mandagaran PhD VISCEROSOMATIC REFLEXES
13.30-13.45	Congress closing
13.45-14.00	Certificate award ceremony
14.00-15.00	Lunch

NOTE: The poster presentations shall be displayed for the entire duration of the Congress. The authors shall be obliged to be near their posters and reply to questions of the interested parties, and the Commission, on **17 September 2016, Saturday**, in the period from **18.00 to 18.30 hours**.

Poster presentations

Stojkovski O., Lazarevska H. Lazarevska S.

ISOKINETIC REHABILITATION PROGRAM FOR TENNIS ELBOW

Bojceski O., Kica Hi., Bojceska M., Maleska Ivanovska V., Ganiu F., Kica K., Kica He.

PREVENTIVE EXERCISES FOR REINFORCEMENT COLLATERAL LIGAMENT KNEE IN ATHLETES PERFORMED AT THE SPORTS GROUND

Ćosović S.

HUG AS A MEDICINE

Runteva Lj., Panova G.

APPLICATION OF MEDICAL REHABILITATION IN PATIENTS WITH MYOCARDIAL STROKE IN STIP IN THE PERIOD 2010-2012

Angjelovska B., Panova G.

DIAGNOSIS, PREVENTION AND CORRECTION OF DEFORMITY OF SPINE IN CHILDREN IN KUMANOVO MUNICIPALITY

Zhu J., Arsovska B., Kozovska K.

FIRE NEEDLE AND CUPPING THERAPY FOR KNEE OSTEOARTHRITIS

Banova D., Nikolovska L.

THE IMPACT OF THE EARLY REHABILITATION IN PATIENTS WITH MULTIPLE SCLEROSIS

Alizotova A., Nikolovska L.

ANALYSIS OF THE PREVALENCE OF MALFORMATIONS IN STUDENTS IN PRIMARY, SECONDARY AND HIGHER EDUCATION IN THE REPUBLIC OF MACEDONIA IN YEAR 2014/2015

Karajigit D., Nikolovska L.

THE ROLE OF THE KINESITHERAPY IN REHABILITATION OF PATIENTS WITH MYOCARDIAL INFARCTION

Abdulova I., Nikolovska L.

THE ROLE OF THE ACUPRESSURE IN REDUCING PAIN IN PATIENTS WITH NECK PAIN

Damcevski K., Nikolovska L.

REHABILITATION OF CHILDREN WITH CONGENITAL DYSPLASIA OF THE HIPS

Karov S., Nikolovska L.

THE PREVALENCE OF RHEUMATOID ARTHRITIS IN THE MUNICIPALITY OF KOCANI IN THE PERIOD 2010-2014

